



**STAR QUALITY:** Sarah with Nell McAndrew, above, and at the Elle Style awards, far left. Left: leading make-up artist Daniel Sandler

## Summer living: Sarah Brock

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Bath before leaving to go freelance.

"My really big break came when I got featured by Brides magazines as one of the top ten bridal make-up artists in the UK. I got invited for an interview with Daniel, and saw off a lot of competition to get the job."

When I caught up with her last week she was fresh from a tour of England and Ireland with top hair specialists ghd, preparing models for their shows as well as giving 40-minute talks to 500-strong crowds. "I'm much more nervous in front of the camera than in front of those crowds. I was talking about make-up which is something I know and that I love."

So how does she stay ahead of the opposition in such a competitive field?

"I'm constantly training and studying. And you watch the catwalks to spot the new trends. This summer it's neon make-up – although that's not a look many people can carry off – or bold graphic lines, which is very Twiggy.

"It's not just about being skilled, you need to be good with people, too and know how to make women look and feel special.

"With celebrities it's easy – they are already confident, because they

know they have an amazing team who will make them look fabulous."

She's worked with many celebrities now, among them Nell McAndrew, and was responsible for the make-up at Elle's style awards – even receiving praise from the magazine's acting editor for doing her make-up.

"Joining Daniel has given me the opportunity to do more celebrity work, which is fantastic. But I still love doing the bridal and special occasion work. There's nothing better than making people look their best.

"I've always loved doing make-up – not just for others, but for me, too. I like to look glamorous."

Below, Sarah has put together tips for the perfect summer make-up. "It needs not to be too heavy – you need to look fresh, healthy, natural and glowing. If you use the same beauty regime as in the winter your skin can look muddy and dry.

"It can take hours to do some celebrities' make-up, but if you do everything on this list it should take no more than 20 minutes. I can do mine now in about 12 minutes flat – but I'm too busy to let it take longer."

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